



Internship at 29 Bedford Row

If you want to be a family law barrister or think you may want to or don't yet know what you want to be, then doing a mini pupillage or internship is a great start.

A mini pupillage or internship at 29 Bedford Row will give you first hand insight into the work of family law barristers, how they manage cases, advocate before judges and liaise with their clients.

Essentially, you'll get to see all those juicy skills and barrister job descriptions you've probably read on the 'Chambers Student' website, in action.

I recently undertook an internship at 29 Bedford Row, through their partnership with the 10,000 Black Interns scheme and it was action packed to say the least.

On my first day, I was immediately thrown into the middle of a divorce financial remedies hearing at the High Court, with a substantial amount of assets being disputed. I had the pleasure of watching Alexis Campbell QC and Charlotte Trace in action as they represented the wife in court and delivered a positive result for their client in a settlement meeting. It was an exhilarating experience, and I would soon come to learn that financial remedies is 29 Bedford Row's speciality.

During the rest of my time, I had the opportunity to shadow other members of chambers on various private family law proceedings and conferences, which spanned marital financial remedies, child abduction and child maintenance cases.

This was a great insight into the areas of family law that were not covered in my university degree and helped me understand the type of cases and legal issues I can expect within different areas of family law.

Additionally, I have gained a practical understanding of the skills I need to become a good barrister and sound advocate - in both writing and in court.

I have been able to speak with lots of wonderful people at 29 Bedford Row and was taken aback at how friendly and welcoming everyone was - ultimately this reflects the culture there. Speaking with both barristers and pupils has helped me gain a holistic view about navigating the family Bar and even balancing life outside of work.

Overall, the internship was a well-rounded experience that has helped me feel more confident and informed about my future career choices whilst also strengthening my interest in family law.

I am grateful to the 10,000 Black Interns scheme and 29 Bedford Row for their partnership in working towards diversifying the Bar and making it accessible, so it can reflect all people in society.

If you are reading this and thinking about taking part in the internship scheme or doing a mini pupillage here, I thoroughly recommend it. There is so much knowledge and experience to be gained, plus the people at 29 Bedford Row will be more than happy to answer all your questions and offer you much support.